



Majlis Atfalul Ahmadiyya UK

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

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Plan of learning for 7 – 11 year olds - Month 1 2009-2010

Learn the first chapter of Holy Qur'an - Surah Al-Fatihah, with translation

Note to the teachers: - Please help all Atfal to memorise Surah Al-Fatihah with translation by end of month 1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ [1:1]

[1:1] In the name of Allah, the Gracious, the Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ [1:2]

[1:2] All praise belongs to Allah, Lord of all the worlds,

الرَّحْمَنِ الرَّحِيمِ [1:3]

[1:3] The Gracious, the Merciful,

مَلِكِ يَوْمِ الدِّينِ [1:4]

[1:4] Master of the Day of Judgment.

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ [1:5]

[1:5] Thee alone do we worship and Thee alone do we implore for help.

إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ [1:6]

[1:6] Guide us in the right path

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ [1:7]

[1:7] The path of those on whom Thou hast bestowed Thy blessings, those who have not incurred displeasure, and those who have not gone astray.

Hadith (Saying of Holy Prophet ﷺ)

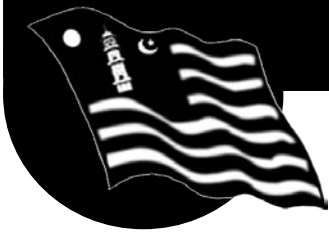
Read the following Hadith and try to learn it.

Note to the teachers: - Please help all Atfal to memorise following Hadith with translation by end of month 1. Explain to them the meaning of the Hadith.

Tark-uddu`aa'i ma`si-yatun

Translation: - It is a sin to abandon praying

تَرْكُ الدُّعَاءِ مَعْصِيَةٌ



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Qaseedah by the Promised Messiah عليه السلام

Qaseedah or the Arabic poem written by the Promised Messiah عليه السلام is a set of 70 couplets written in praise of our master the Holy Prophet صلى الله عليه وآله. This was published in his book Aina Kamalat-e-Islam in 1893. The Promised Messiah عليه السلام advised that whoever memorised the Qaseedah, Allah will bless or enhance his memory.

Note to the teachers: - Please help all Atfal to memorise following Qaseedah with translation by end of month 1.

Memorise the first couplet of Qaseedah

يَا عَيْنَ فَيْضِ اللَّهِ وَ الْعِرْفَانِ

O (you who are) the fountain of Allah's munificence, and perfect understanding of Allah

يَسْعَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ

People rush towards you, thirstily

Note :- The word munificence means generousness or large-heartedness

Salat Section

Based on Salat - Muslim Prayer Book. Learn the following instructions which will help us to observe the salat properly. Discuss amongst yourselves what are the common mistakes made during Salat and how they can affect your Salat

Note to the teachers: - Explain the various forbidden and undesirable actions during Salat and engage Atfal on discussing the common mistakes they make and how they should avoid them

ACTIONS WHICH MAKE PRAYER NULL AND VOID

The following acts are incompatible with Prayer and invalidate Prayer if done:

1. When the ablution lapses.
2. Eating or drinking while offering Prayer.
3. To speak or to respond to anyone during Prayer.
4. To laugh during Prayer.
5. To turn the face to the right or to the left while praying.

MAKROOHAT OF THE SALAT (UNDESIRABLE ACTS DURING PRAYER)

These are acts which are undesirable, and are below the dignity of the Prayer. Prayer should always be offered with a consciousness that one is standing before one's Lord. The Makroohat are:

1. To fiddle with one's clothing.
2. To glance sideways or to the sky.
3. To keep the eyes closed.



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4. To offer Prayer without any head dress.
5. Not to place one's feet with toes towards the Qibla during Prostration or to lift the feet from the ground in this position.
6. To start Prayer when one is hungry whilst food is laid on the table.
7. To continue the Prayer in spite of an urge to go to the toilet.
8. To pray in a cemetery while facing a grave.
9. To offer Prayer in very tight clothes so that one feels uncomfortable during the Prayer.
10. To pray in an unsuitable environment, e.g. in a stable, goat's pen or in a noisy market place.
11. To stand with one's weight shifted on to one leg alone or to do things which are below the dignity of the Prayer.
12. To pray in an open place without a Sutra. A Sutra is an object placed before the worshipper to mark the boundary of his Prayer.
13. To nod when someone says Assalamo Alaikum during the Prayer.
14. To pray without washing one's mouth after eating.
15. To change the order of Surahs in the Prayer, i.e. to recite Surahs which come later in the Holy Qur'an in the first Rak'at and the Suras which appear earlier in the Holy Qur'an, in the following Rak'at.
16. To place hands under the forehead while in prostration.
17. To rest one's belly on things during prostration.
18. To spread one's forearms on the ground while performing Sajdah.
19. To recite Qur'anic verses during Ruku or Sajdah.
20. To go ahead of the Imam, i.e. to go into the next posture before the Imam.

Note 1: A worshipper is allowed to remove or kill any harmful insect in case he finds it close to where he is praying.

Note 2: The place of worship should be neat and clean and the air, as far as possible, should be free of any unpleasant odour. Every Muslim is enjoined to respect the dignity of the Prayer even if he is not praying himself. No one should in any way, e.g. by words of mouth or by his action, cause any worshipper discomfort or distraction. That is why it is not allowed to cross the path of a worshipper. This means that one should wait until the worshipper finishes his Prayer.

