

Majlis Khuddamul Ahmadiyya UK  
Islamabad



**10<sup>th</sup> Regional Ijtema**  
**28<sup>th</sup> March 2009**  
**Islamabad, Tilford**

**Programme, Rules and Regulations**

## Importance and Blessings of Ijtema'at

My Dear Brothers Khuddam and Atfal,

Assalamu Alaikum wa Rahmatullah

May the Lord of mankind open unto you all the gates of His mercy and may He so ordain that you are always accompanied by the supplication of His angels. The start of each New Year always sees an intensification of events in the Khuddam calendar. In and amongst the sporting fixtures, hikes, Tarbiyyat fora and meetings, it is easy to forget the importance of and blessings associated with Ijtema'at.

Ijtema'at have a long and rich history in the Jama'at and are rooted in the traditions of Islam. This month will see them being held at the local level in Qiadats across the country from Glasgow to Bournemouth and from Liverpool to Scunthorpe . Each of these blessed gatherings provides a unique opportunity for Khuddam and Atfal to come together in the true spirit of universal brotherhood and for the ultimate purpose of remembering Allah; they provide a platform for training and self-development and serve as an avenue to gain religious knowledge; they provide an occasion to renew old friendships and to rise to the Qur'anic injunction that we should 'vie with one another in good works' (Ch.2:V.149), whether that be on the sports field or from behind the lectern. It is narrated that the Holy Prophet (saw) said when people gather together for the remembrance of Allah they are surrounded by angels and are covered by mercy from their Lord. In light of this glad tidings, it would be sad if we, as a Majlis, deprive ourselves of the Divine bounty that such gatherings bring whether that be at a local, regional or national level.

It is my sincere prayer that each of our Ijtema'at become a sanctuary for the remembrance of Allah, for invoking durood on His Messenger and for enjoying the company of His angels. May Allah so ordain. Ameen.

Wassalam.

Yours humbly,

Tommy Kallon

Sadr Majlis Khuddamul Ahmadiyya UK

# The Holy Qur'an

The Holy Quran is a compilation of the verbal revelations given to the Holy Prophet Muhammad (saw) over a period of twenty two years. The Holy Quran is the Holy Book or the Scriptures of the Muslims. It lays down for them the law and commandments, codes for their social and moral behaviour, and contains a comprehensive religious philosophy. The language of the Quran is Arabic.

Besides its proper name, the Quran is also known by the following names: al Kitab The Book; al Furqan The Discriminant; al Dhikr The Exposition; al Bayan The Explanation; al Burhan The Argument; al Haqq The Truth; al Tanzil The Revelation; al Hikmat The Wisdom; al Huda The Guide; al Hukm The Judgment; al Mau'izah The Admonition; al Rahmat The Mercy; al-Noor The Light; al-Rooh The Word

## **Surahs And Verses**

The Holy Quran is divided into 114 Surahs or Chapters and each Chapter consists of individual Ayaat or verses. There are in total 6,348 verses in the Holy Quran. The Surahs are of varying lengths, some consisting of a few lines while others run for many pages. Surah al Baqarah ([Ch.2](#)) is the longest Chapter comprising 287 verses while Surah al Kauthar ([Ch. 108](#)) is the shortest with only four verses including the tasmia.

The text of the Holy Quran has remained unchanged over the past 1400 years. The millions of copies of the Quran circulating in the world today are all identical down to a single letter. And this is not strange since God says in the Holy Quran that He Himself will guard this book:

"Surely it is We Who have revealed the Exposition, and surely it is We Who are its guardians" ([15:10](#))

## **What Does The Holy Quran Contain**

To the Muslims, the Quran is the Word of God and contains complete guidance for mankind. Much of the Quran is about God, His attributes and man's relationship to Him. But it also contains directives for its followers, historical accounts of certain prophets and peoples, arguments for accepting Muhammad as a genuine Prophet and good news for the believers and warnings for the disbelievers. Broadly speaking, the contents of the Holy Quran fall into five main categories:

1. Nature of the Spiritual World
2. The Law and Commandments
3. Historical Accounts
4. The Wisdom
5. The Prophecies

## Khuddam Programme

Event/Competition	Location	Time	
		Start	Finish
<b>Breakfast</b>	<b>Dining Hall</b>	<b>0830</b>	<b>0900</b>
<b>Registration &amp; Reception</b>	<b>Mosque</b>	<b>0845</b>	<b>0930</b>
Football	Main Field	0930	1200
Volleyball	Main Field	0930	1200
Table Tennis	Dining Hall	0930	1200
100 Metre sprint	Main Field	0930	1200
Presentation – The Current Economic Crisis: An Islamic Perspective	Mosque	1100	1140
Guess the Logos	Mosque	1140	1200
<b>Lunch</b>	<b>Dining Hall</b>	<b>1200</b>	<b>1300</b>
<b>Zuhr &amp; Asr Salaat</b>	<b>Mosque</b>	<b>1300</b>	<b>1315</b>
<b>Formal Session/ Talqeene Amal</b>	<b>Mosque</b>	<b>1315</b>	<b>1400</b>
Tilawat	Mosque	1400	1500
Nazm	Mosque	1500	1530
Prepared Speech	Mosque	1530	1600
Presentation – Trip to Congo	Mosque	1600	1615
<b>Refreshments</b>	<b>Outside Mosque entrance</b>	<b>1600</b>	<b>1615</b>
Extempore Speech	Mosque	1615	1645
Team Quiz	Mosque	1645	1715
Guess the Picture	Mosque	1715	1745
<b>Zikr-e-Habib</b>	<b>Mosque</b>	<b>1750</b>	<b>1815</b>
<b>Preparation for Salaat</b>	<b>Mosque</b>	<b>1815</b>	<b>1830</b>
<b>Maghrib Salaat</b>	<b>Mosque</b>	<b>1830</b>	<b>1845</b>
<b>Final Session &amp; Prize distribution</b>	<b>Mosque</b>	<b>1845</b>	<b>2000</b>

# Khuddam Rules and Regulations

## **Tilawat**

- Surah al-Saff verses 11-15
- This will be an open competition
- Judges will give any of these verses to recite
- The marking will be based on qira'at, ramooz e auqaf and quality of voice
- Extra points will be awarded for reciting from memory

## **Nazm**

- Three couplets of any poem from Durre Sameen, Kalam e Mahmood, Kalame Tahir, Durre Adan or Bukhar e Dil
- This will be an open competition
- Each contestant will be permitted 2 minutes
- The marking will be based on pronunciation, tune and the quality of voice
- Contestants should be able to present a start, middle and ending of nazm in their given time

## **Extempore Speech Competition**

- This will be an open competition
- Each contestant will be given 2 minutes to speak on a selected topic with 2 minutes of preparation time
- The marking will be based on contents and presentation style

## **Prepared Speech**

- This will be an open competition
- The marking will be based on contents and presentation style
- There will be bonus marks for those who avoid paper reading
- Each contestant will be permitted to speak on one of the following topics for up to 4 minutes
  - Trust in Allah
  - Importance of Salat
  - Benefits of Fasting
  - Spending in the Way of Allah
  - Philosophy of Hajj

## **Team Quiz**

- Each team will consist of FOUR team members
- Questions will be taken from 'A Book of Islamic Knowledge', Khuddam Syllabus as well as some General Knowledge Questions

## Atfal Programme

Event/Competition	Age Group	Location	Time	
			Start	Finish
<b>Breakfast</b>	<b>ALL</b>	<b>Dining Hall</b>	<b>0830</b>	<b>0900</b>
<b>Registration &amp; Reception</b>	<b>ALL</b>	<b>Mosque</b>	<b>0845</b>	<b>0915</b>
Introduction to Programme & Announcements	ALL	Lajna Hall Room 1	0915	0930
Tilawat competition	ALL	Lajna Hall Room 1	0930	1015
Nazm competition	ALL	Lajna Hall Room 1	1015	1045
<b>Refreshments/ Break</b>	<b>ALL</b>	<b>Lajna Hall Room 1</b>	<b>1045</b>	<b>1055</b>
Adhan competition	7-10	Lajna Hall Room 1	1055	1110
Adhan competition	11-15	Lajna Hall Room 2	1055	1110
Prepared Speech competition	7-10	Lajna Hall Room 1	1110	1200
Prepared Speech competition	11-15	Lajna Hall Room 2	1110	1200
<b>Lunch</b>	<b>ALL</b>	<b>Dining Hall</b>	<b>1200</b>	<b>1300</b>
<b>Zuhr &amp; Asr Salaat</b>	<b>ALL</b>	<b>Mosque</b>	<b>1300</b>	<b>1315</b>
<b>Formal Session/ Talqeen Amal</b>	<b>ALL</b>	<b>Mosque</b>	<b>1315</b>	<b>1400</b>
Football	7-10	Tennis Ground	1400	1430
Football	11-15	Main Ground	1400	1430
50m Sprint	7-10	Tennis Ground	1430	1450
100m Sprint	11-15	Main Ground	1430	1450
Musical Chairs	7-10	Lajna Hall Room 3	1500	1520
1 Man Cricket	11-15	Tennis Ground	1500	1530
<b>Refreshment/ Break</b>	<b>ALL</b>	<b>Lajna Hall Room 1</b>	<b>1530</b>	<b>1545</b>
Meet a new Brother	ALL	Lajna Hall Room 1	1545	1600
Team Quiz Mixed	ALL	Lajna Hall Room 1	1600	1650
Q&A wih Murrabi Sb	ALL	Lajna Hall Room 1	1700	1800
<b>Maghrib Salaat</b>	<b>ALL</b>	<b>Mosque</b>	<b>1815</b>	<b>1830</b>
<b>Final Session &amp; Prize distribution</b>	<b>ALL</b>	<b>Mosque</b>	<b>1830</b>	<b>2000</b>

## Atfal Rules and Regulations

### **Individual Events**

#### **Tilawat 11-15**

First 17 Verses of Sura Baqarah (Ch2). 1 Min

#### **Tilawat 7-10**

Any of the Last 10 Chapters of the Holy Quran  
(Additional marks if from memory). (1Minute)

#### **Nazm All**

Any Poem from Durre-Sameen Kalame-Tahir;  
Kalame-Mahmood; Durre-Adan. (2 Minutes)

#### **Prepared Speech 11-15**

Islam means Peace, Why we need Khilafat, Benefits of MTA, Financial sacrifice in Islam, Why I believe in Allah, Importance of Education, How to choose your friends.

#### **Prepared Speech 7-10**

The Pillars of Islam; Prophet Muhammad's saw, kindness to children,  
Signs of the truth of the Promised Messiahas,  
Respect for Elders, Benefit of MTA (2 Minutes)

#### **Team Quiz**

Teams will be mixed, consisting of Atfal from each age group. There will be individual questions and team questions. Teams will consist of 4-6 players depending on participation

#### **Atfal Sports**

100 Metres 11-15

50 Metres Under 7-10

1 Man Cricket 11-15

Musical Chairs Under 7-10

Football All

## Feedback Form

Please provide feedback below regarding our ijtema, and place the completed form in the feedback box located at the registration desk. Jizakamullah  
(The feedback will allow us to Inshallah improve our Ijtemas in the future)

How do you feel the Ijtema went?

What was the most enjoyable part of the day?

Areas which could be improved?

**Qiadat** \_\_\_\_\_